# THE EFFECT OF DIETARY ORGANIC SELENIUM AND IODINE SUPPLEMENTATIONS ON GLUTATHIONE PEROXIDASE ACTIVITY IN CROSSBRED FEMALE CALVES

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#### Abstract

The study was conducted to assess the blood glutathione peroxidase (GSH-Px) activity in 24 crossbred female calves of three to four months of age on dietary supplementation with selenium (Se) and iodine (I). The animals were randomly allocated to four groups ( $G_{\alpha}$  $G_{1}$ ,  $G_{2}$  and  $G_{2}$ ) with six animals in each group and were subjected to four dietary treatments as  $G_0$  - calf starter,  $G_1$  - calf starter + 0.3 ppm Se,  $G_2$ - calf starter + 1ppm KI and  $G_3$  - calf starter + 0.3ppm Se + 1ppm KI for a period of 90 days. Blood was collected on 0, 30, 60 and 90 days of the experiment. The results showed significant (P<0.01) increase in GSH-Px activity throughout the experiment in Se supplemented group and only on 90<sup>th</sup> day in combined (Se+I) supplemented group and remained unaltered with iodine supplementation when compared to control. Hence, it can be inferred that sole supplementation of organic Se increased antioxidant status of animals when compared to other two supplementations.

**Keywords**: Glutathione peroxidase, selenium, iodine, calves

Trace mineral iodine is very much necessary for thyroid hormone synthesis; on the other hand Qin *et al.* (2011) reported that iodine may lead to oxidative damage at higher doses in goats. Pavlata *et al.* (2005) also opined that increased I supplementation might have

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negative effect on Se metabolism in kids. The physiological well-being of the animal is always supported by the improved antioxidant status of that animal. Selenium is a constituent of glutathione peroxidase, an enzyme which plays a crucial role in preventing oxidative damage to the cells (Rotruck *et al.*, 1998). Manipulation of GSH-Px activity by changing Se levels in diet has more subtle functions (Arthur, 2000). Therefore the objective of the study was to detect the effects of dietary supplementation with Se and I and the interaction between these two minerals on GSH-Px activity of calves.

### **Materials and Methods**

Twenty four crossbred female calves of three to four months of age were selected as the experimental animals. The calves were divided into four groups of six each and were allocated randomly to one of the four dietary treatments, G<sub>0</sub> (calf starter), G<sub>1</sub> (calf starter + 0.3 ppm of organic Se), G, (calf starter + 1 ppm of potassium iodide) and G<sub>3</sub> (calf starter + 0.3 ppm organic Se + 1 ppm potassium iodide). The calves were dewormed a week before the start of the feeding trial. Scientific management practices were carried out throughout the experimental period. All Calves were fed as per ICAR standard (Ranjhan, 1998) and maintained on their respective feeding regime for a period of three months. Ingredient composition of calf



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# starter is presented in Table 1.

 Table 1. Ingredient Composition of Calf Starter, %

la que diserte	% Composition				
Ingredients	G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>	
Maize	52.5	52.5	52.5	52.5	
De-oiled rice bran	3.7	3.7	3.7	3.7	
Soyabean meal	40	40	40	40	
Calcite	1.2	1.2	1.2	1.2	
Di-calcium phosphate	2.1	2.1	2.1	2.1	
Salt	0.5	0.5	0.5	0.5	
Total	100	100	100	100	
Supplimin-TM <sup>1</sup>	0.125	0.125	0.125	0.125	
Zagromix <sup>2</sup> (g)	50	50	50	50	
Tefroli <sup>3</sup> (g)	30	30	30	30	
UTPP-5⁴(g)	100	100	100	100	
Selplex⁵(g)	0	15	0	15	
Potassium Iodide (mg)	0	0	100	100	

Blood was collected from all animals by jugular vein puncture on 0, 30, 60 and 90 days of the experiment. The blood with anticoagulant (heparin) was directly used for analysis of GSH-Px activity. Glutathione peroxidase activity was determined photometrically in semiautomatic bio chemical analyzer (Hospitex- Screen Master T) as per Paglia and Valentine (1967) by using Ransel kit supplied by RANDOX Laboratories Ltd, U.K.

The data obtained were statistically analyzed as per the method of Snedecor and Cochran (1994) using one way analysis of variance (ANOVA) for different supplemented groups of animals. Duncan's multiple range tests was used for comparing between groups.

## **Results and Discussion**

The GSH-Px activity values on 0, 30, 60 and 90 days of experiment are presented

in Table 2. On 30th day of the experiment, the calves of group G, (0.3 ppm Se) had significantly (P≤0.01) higher GSH-Px activity when compared to G<sub>0</sub> (Control), G<sub>2</sub> (1ppm KI) and G<sub>2</sub> (0.3 ppm Se + 1 ppm KI) with the mean values of 44.79 ± 1.61, 30.58 ± 1.44, 30.85 ± 1.83and32.17 ± 1.14 U/mL whole blood respectively. On 60th day of experiment, the GSH-Px activity followed the same trend as that of 30th day of experiment with significant (P≤0.01) increase in GSH-Px activity only in group G<sub>1</sub> (0.3 ppm Se) when compared to groups G<sub>o</sub> (Control), G<sub>o</sub> (1ppm KI) and G<sub>o</sub> (0.3 ppm Se + 1 ppm KI) the mean values of GSH-Px activity in these groups were  $46.70 \pm 1.43$ , 31.03 ± 1.73, 31.30± 1.72 and 33.98 ± 1.55 U/mL whole blood respectively. On 90th day of the experiment, significant (P≤0.01) increase in GSH-Px activity was observed in groups G,

Days Groups	0	30	60	90
G <sub>o</sub>	29.10ª ± 1.35	30.58ª ± 1.44	31.03ª ± 1.73	$31.45^{a} \pm 1.31$
G <sub>1</sub>	30.68ª ± 1.87	44.79 <sup>b</sup> ± 1.61	46.70 <sup>b</sup> ± 1.43	48.12 <sup>b</sup> ± 1.16
G <sub>2</sub>	$30.32^{a} \pm 1.86$	30.85ª ± 1.83	31.30ª ± 1.72	$30.93^{a} \pm 2.10$
G <sub>3</sub>	29.64ª ± 0.76	32.17ª ± 1.14	33.98ª ± 1.55	39.60° ± 1.77

**Table 2.** Effect of supplementing organic selenium, iodine and combination of selenium and iodine on glutathione peroxidase activity of calves (Mean  $\pm$  SE, n=6)

a, b, c - means bearing different superscript within a column differ significantly at 1% level

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(0.3 ppm Se) and  $G_3$  (0.3 ppm Se + 1 ppm Kl) when compared to groups  $G_0$  (Control) and  $G_2$  (1ppm Kl) with mean values of 48.12 ± 1.16, 39.60 ± 1.77, 31.45 ± 1.31 and 30.93 ± 2.10 U/mL whole blood respectively.

In present study blood glutathione peroxidase activity increased significantly (P≤0.01) throughout the experiment in the Se supplemented group. This finding is in accordance with the findings of Arthington (2008), who observed a sharp increase in GSH-Px activity in growing yearling beef steers on supplementation of Se yeast. Nicholson et al. (1991) also reported that organic Se supplementation increased the GSH-Px activity at a linear rate with time up to four months from the start of supplementation in calves and heifers. Ebrahimi et al. (2011) reported that supplementation of organic Se in Holstein suckling calves with pneumonia, increased the GSH-Px activity when compared to the control group. Lumet al. (2009) observed a steadily increasing erythrocyte GSH-Px activity. However, Cortinhas et al. (2010) reported that supplementation of Se, Zn and Cu as inorganic source to dairy cows had no effect on GSH-Px activity. Nampoothiri (2012) also reported no variation in serum GSH-Px activity in response to Se supplementation. The increase in GSH-Px activity in present study could be due to increased antioxidant status of the animals on account of Se supplementation.

In the current study, supplementation of I @ 1ppm did not produce any effect on GSH-Px activity. This is contrary to the findings of Pavlata *et al.* (2005), who reported that supplementation of I (200 µg/day/animal upto 45 days of experiment and 300µg/day/ animal up to 90 days of experiment) to kids decreased the whole blood GSH-Px activity. This could be attributed to the lesser dose of supplementation.

Combined supplementation of I and Se showed significant ( $P \le 0.01$ ) increase in GSH-Px activity on 90<sup>th</sup> day of the trial. Guyot *et al.* (2011) observed increased GSH-Px activity in both group of cows supplemented with higher and lower doses of a combination of I and Se. Contrary to the present results, Qin *et al.* (2011) reported that combined supplementation of I and Se in Liaoning Cashmere goats significantly decreased GSH-Px activity. From a critical evaluation of the results, it could be inferred that supplementation of organic Se has an added advantage over the other two supplementations which was evident from the improved antioxidant status of the animals. However supplementation of iodine did not had any effect on glutathione peroxidase activity of calves but when supplemented in combination GSH-Px activity significantly (P<0.01) increased only on 90 day of experiment this apparently say iodine is suppressing the activity of Se, to know the exact reason further study is required.

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